

PERSONAL INFORMATION

Pietro Carmellini



pietrocarmellini@hotmail.it

Sex M | **Date of birth** 10/12/1991 | **Nationality** Italian

EDUCATION AND TRAINING

<p>2 November 2022 - Ongoing</p>	<p>PhD Student in Molecular Medicine</p>
	<p>University of Siena - Department of Molecular Medicine – Psychiatry section, Siena University Hospital</p>
	<ul style="list-style-type: none"> ▪ PhD Project: Biomarkers in Mood Disorders ▪ Study doctor OPADE Project (EU HORIZON EUROPE grant)
<p>1 September 2022 – 31 March 2023</p>	<p>Visiting Research Fellow</p>
	<p>King’s College University London Institute of Psychiatry, Psychology & Neuroscience</p>

	<ul style="list-style-type: none"> ▪ Active participation in clinical research (writing and approval of study protocols) ▪ Study doctor in phase 1 clinical trials on Oral Ketamine IR (KETI-CAPS-101) Neurocentrx ▪ Study doctor in SNAPPER multicentre clinical trial (NIHR funded) ▪ Clinical activity in treating Major depressive disorder and bipolar disorder at Maudsley Hospital-King's College Hospital (Maudsley Advanced Treatment Service - MATS) ▪ Supervisor MsC students in Affective Disorders
1 November 2018 – 2 Novembre 2022	General Psychiatry Residency Training Program
	University of Siena – Azienda Ospedaliera Universitaria Senese
	<ul style="list-style-type: none"> ▪ Medical doctor, General Psychiatry Residency Training Program ▪ Active participation in clinical research (writing and approval of several study protocols) ▪ Active participation in preclinical research (animal research) ▪ Co-investigator in several research studies, including phase 1,2, 3 and phase 4 clinical trials
February 2018	State exam and Professional qualification
September 2017 – October 2017	Medical Internship, New York, USA
	Weill Cornell University, New York Presbyterian Hospital, Hospital For Special Surgery
	<ul style="list-style-type: none"> ▪ Student doctor, participating in clinical discussions, helping in and performing guided medical activities under supervision in order to acquire independence.
October 2011 – October 2017	Bachelor Degree in Medicine and Surgery
	University of Siena
	<ul style="list-style-type: none"> ▪ <i>Graduated with 110/110 cum Laude in Medicine and Surgery with the thesis of "Efficacia e sicurezza di Adalimumab nella terapia dell'uveite in pazienti con malattia di Behçet: uno studio osservazionale retrospettivo multicentrico"</i>

August 2014 – September 2014	
	Embassy English Los Angeles, California
	▪ <i>English Summer School</i>
September 2005 – June 2010	
	Liceo Classico Enea Silvio Piccolomini, Siena
	▪ <i>Classical High School Diploma</i>

RESEARCH INTEREST

Psychopharmacology

Treatment of resistant psychiatric disorders

Pharmacological treatment of mood disorders

Diagnosis and course of bipolar disorder

Inflammatory biomarkers and depression

BOOK CHAPTERS

- A. Cuomo, D. Koukouna, P. Carmellini, A. Fagiolini Sicurezza del paziente e gestione del rischio nella salute mentale “Manuale di sicurezza del paziente e gestione del rischio clinico. Cultura e salute editore Perugia, 2022

PUBLICATIONS AND ABSTRACT (ITA)

- Vitamina D e malattie psichiatriche: analisi delle possibili relazioni di causalità. A. Cuomo, B. Beccarini Crescenzi, M. Nitti, P. Carmellini, A. Fagiolini. VitD Updates, 2021; 4(2)4-7
- Trattamento della depressione in gravidanza: stato dell'arte. P.Carmellini, A. Goracci, A. Dourmas, A.Fagiolini. KIP Journal 2020

PUBLICATIONS AND ABSTRACT (ENG)

- Use of chlorpromazine in the treatment of psychomotor agitation: efficacy, tolerability and safety. A pilot study P.Carmellini, M.Chioccioli, A.Giagulli, A. Cuomo, A.

Congedo, A. Goracci, A. Fagiolini European neuropsychopharmacology: the journal of the European College of Neuropsychopharmacology 40(Suppl 2):S258 November 2020

- Early efficacy of trazodone for the treatment of depressive episodes with mixed features in patients with major depressive disorder. V. Lo Serro, C. Crapanzano, A. Goracci, S. Bolognesi, G. Di Cicco, E. Cini, P. Carmellini, I. Famularo, A. Fagiolini European neuropsychopharmacology: the journal of the European College of Neuropsychopharmacology 29(9):S212-S213 Dec. 2019
- Borderline personality disorder: efficacy of clotiapine on aggression. G. Di Cicco, A. Goracci, S. Bolognesi, E. Cini, V. Lo Serro, P. Carmellini European Neuropsychopharmacology, Volume 29, Supplement 6, 2019, Pages S202-S203, SSN 0924-977X
- Olanzapine in somatic symptoms disorders: a retrospective study. E. Cini, A. Goracci, S. Bolognesi, V. Lo Serro, G. Di Cicco, P. Carmellini, C. Crapanzano, C. Amendola, A. Fagiolini. European Neuropsychopharmacology, Volume 29, Supplement 6, 2019, Pages S348-S349, ISSN 0924-977X
- Cuomo, A., Carmellini, P., Garo, M. L., Barillà, G., Libri, C., Spiti, A., Goracci, A., Bolognesi, S., & Fagiolini, A. (2022). Effectiveness of light therapy as adjunctive treatment in bipolar depression: A pilot study. Journal of affective disorders, 321, 102–107. Advance online publication. <https://doi.org/10.1016/j.jad.2022.10.009>
- QTc internal diurnal variations in patients treated with psychotropic medications: implications for the evaluation of drug induced QTc changes. A. Cuomo, C. Libri, G. Barillà, M. Cattolico, P. Carmellini, A. Fagiolini (20229). International Review of Psychiatry, DOI:10.1080/09540261.2022.2135985
- Intravenous valproic acid for the treatment of inpatients with bipolar disorder experiencing manic or depressive episodes with mixed features P. Carmellini, A. Cuomo, A. Goracci, V. Lo Serro, A. Fagiolini (2022). Neuroscience applied Volume 1, supplement 2, 100704

PARTICIPATIONS IN CONFERENCES, COURSES, SEMINARS

- National congress Italian society of psychopathology (SOPSI), Feb 2019, Rome
- Psychopathological trajectories from newborn to adults, University of Pisa, May 2019, Pisa
- European College of Neuropsychopharmacology Congress, Sept. 2019, Copenhagen
- Treatment of depression and anxiety in DSM-5 era, Feb 2020, Camogli
- National congress Italian society of psychopathology (SOPSI), Feb 2020, Rome
- European College of Neuropsychopharmacology Congress, Sept. 2020, Vienna (virtual congress)
- Psychiatry evidence-based medicine, Sept. 2021, Rome
- Angelini Campus of Psychiatry, Oct. 2021, Rome

- Multidisciplinary approaches in Schizophrenia, May 2022, Baveno
- National congress Italian society of psychopathology (SOPSI), Jun. 2022, Rome
- International society for affective disorders (ISAD), Sept. 2022, London
- First International Advanced Clinical Psychopharmacology course, March 2023, Florence
- Psychopharmacology Academy, April 2023, Verona (speaker)
- Psychopharmacology Academy, May 2023, Bologna (speaker)

DIDACTIC WORK

- Master degree in Aesthetic Medicine, Università degli studi di Siena, June 2022

PERSONAL SKILLS

Mother tongue Italian

Other languages

	Listening	Reading	Interactions	Oral Production
English	(B2)	(B2)	(B2)	(B2)

Certifications:

Cambridge English: B2, released in 2015

OET exam: B grade, released in March 2023

Communication skills

- Ability to interact and work in teams
- Ability to relate and interact with other cultures
- Good presentation, negotiation and social media skills

Technical skills

- Good mastery of Microsoft Office suite (Word, Excel, PowerPoint), file management, internet browsing and search and e-mail usage
- Capacity to handle complaints and address technical issues
- Time management, problem solving skills and avoiding-burnout techniques

Driving license

B, A, A1, A2

**European
Computer Driving
Licence (ECDL)**

In compliance with the Italian legislative Decree no. 196 dated 30/06/2003, I hereby authorize you to use and process my personal details contained in this document.

Siena, 04/05/2023